

Debbie Meyer Presents

TRIPLE GOLD SWIM CLINICS



Debbie Meyer offers your team the opportunity to expand their knowledge of swimming. She has been involved with the sport for 46 years, as an athlete winning 3 GOLD Medals in the 1968 Olympics. She set 20 World Records and 24 American Records. Debbie has coached High School, Age, Group, Recreation, and College Teams. She is a Motivational Speaker as well as Clinician.

Clinic Work During the Clinic the swimmers will participate in an open discussion on all aspects of swimming, including motivation, goal setting, nutrition, meet preparation, sportsmanship, friendly and fun competition. Water Work includes fundamental stroke mechanics for the novice to experienced swimmers. Stroke drills, sets, starts and turns. The clinics are for all levels. Recreation to USS and Masters. Price per Athlete is \$50.00. The length of the clinic is approximately 4 hours. There is a minimum number required, as well as transportation and housing. References are available upon request.

For more information please call or write:

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